

HÔTEL  
CASTEL BRANDO

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LE SPA  
**intimu**®

L'ESPRIT MAQUIS, MADE IN CORSICA



CARTE DES SOINS  
SPA MENU

# intímu®

## LA RICHESSE DES PLANTES DU CAP CORSE

La gamme cosmétique Intimu © est une production 100% Corse à base de plantes aromatiques cueillies, distillées puis transformées en respectant un procédé ancestral et artisanal.

Des huiles essentielles biologiques pures et de haute qualité, travaillées avec passion et patience, sur les hauteurs d'Erbalunga, tout près du Castel Brando.

Notre collaboration avec Intimu© répond à une philosophie commune de mise en valeur des richesses de notre région et d'exigence en terme de qualité.



## CAP CORSE'S PLANTS RICHNESS

The cosmetic range by Intimu © is the result of a 100% corsican production made with aromatic plants.

Hand picked, distilled, then processed following an ancestral recipe to reveal their deepest nature.

Organic essential oils with a high grade of purity & quality, made with passion and patience, on the height of Erbalunga, just near the Castel Brando.

Our collaboration with Intimu© comes from a common philosophy to highlight the local natural richness.



# SPA TREATMENT

## PERSONALIZED MASSAGE

Our beauty therapist will select the most suitable combination of essential oils and massage techniques to suit your needs and ensure you get the most out of corsican plants. You will have the choice between :

The oil **Serena** (with myrtle and small grains of clementine tree) to release body tensions.

The oil **Amaredda** (arnica, essential oil of immortelle, pine larch, and noble bay laurel) to prepare for physical effort or ease the recuperation.

Duration : 30 minutes - 45€ 55 minutes - 80€ 1h15 - 95€

## AFTER SUN MASSAGE

The oil of *immortelle*, repairing and nourishing, allied to the soothing properties of the aloe vera will sublimate your tan while rehydrating your skin.

Duration : 55 minutes - 85€

## BACK TREATMENT

This targeted care includes an exfoliating scrub, a massage and a clay mask which will rehydrate and revitalize your back and release the tensions.

Duration : 55 minutes - 65€

## BODY SCRUB

Prepare your skin for the sun with a rosemary exfoliating scrub.

Duration : 30 minutes - 40€

## BODY WRAP

Let yourselves be wrap with the sweetness moisturizing virtues of the body milk by Intimu®.

Duration : 30 minutes - 35€

# FACIAL TREATMENTS

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Be seduced by the corsican plants with these personalized facial treatments really adapted to your skin type :

## LE COUP D'ÉCLAT

Exfoliating scrub and mask for a radiant complexion

Duration : 30 minutes - 45€

with myrtle

## L'HYDRATANT

Care with *immortelle*, for a hydrated and revitalised skin

Duration : 55 minutes - 85€

with immortelle

## LE PURIFIANT

Detoxify your skin with the virtues of rosemary

Duration : 55 minutes - 85€

with rosemary

## LA VERSION MASCULINE

This care will erase all signs of fatigue

Duration : 55 minutes - 85€

with aloe vera

## L'ANTI AGE

A synergy of 3 plants (cistus, immortelle and myrtle) associated with an anti-ageing massage, for a plumped and smoothed skin.

Duration : 1 hour and 15 minutes - 99€

synergy of cistus, immortelle and myrtle

## PACKAGE

### **BREAK IN ERBALUNGA**

This care consists of a 45 minutes facial skin care followed by a 45 minutes massage, for a sweet moment of relaxation.

Duration : 90 minutes - 99€

### **IN THE MIDST OF MAQUIS**

Combine the benefit of a rosemary body scrub with the delicacy of a relaxing body massage.

Duration : 55 minutes - 70€

### **MEDITERRANEAN CARE**

This care is composed of a body scrub, a body wrap and a massage to completely revitalize your body.

Duration : 90 minutes - 99€

## BEAUTY TREATMENT

Lower leg wax

Price : 20€

Full leg wax

Price : 30€

Underarms or Bikini Line

Price : 12€

Arms or Brazilian bikini

Price : 18€

Deep Bikini

Price : 24€

Lips or Eyebrows

Price : 9€

HAND BEAUTY TREATMENT

Manucure with scrub and massage.

Duration : 60mn - Price : 55€

PEDICURE

Foot scrub and massage.

Duration : 60mn - Price : 55€

SUPPLEMENT NAIL POLISH

Duration : 15mn - Price : 6€

# RELAXATION

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## STEAM BATH

A 30 minutes private session of hamman with chromotherapy and aromatherapy.

**Duration : 30 minutes - 10€ per person. Massage glove and soft soap supplied. The session of hammam is free with any treatment**

## DRY WATERBED MASSAGE «HYDROJET»<sup>®</sup>

Automated massage for muscular relaxation of the back and lymphatic drainage of the legs, the whole without even getting wet.

**Opening hours : 8h00 - 22h00**

**Duration : 20 minutes - 15€**

## FITNESS ROOM

Located near the pool of our Orangerie house, our fitness room at your disposal for free, is equipped with cardio and fitness devices.

**Opening hours : 8h00 - 22h00**

## JACUZZI

Our outdoor heated jacuzzi is at your disposal near the main pool.



## PROPERTIES OF PLANTS

**Immortelle** anti-inflammatory, invigorate, calm and cicatrize

**Myrtle** refine the skin texture, brightness and tonus

**Bay laurel** purifying, fortifying and antioxidant

**Clementine** anti-spasmodic and soothing

**Aloe vera** soothing, moisturizing and healing

**Juniper** anti-inflammatory, astringent, purifying and draining

**Pine larch** stimulating and relieving

**Rosemary** invigorate, regenerate and purify

## PRODUCT RANGE BY INTIMU®



Extend the benefit of the care by Intimu with a full range of 100% natural cosmetics including floral water as well as specific serums and cleanser, all made in Corsica.

Order your products online : [www.intimu.fr](http://www.intimu.fr)

Essential Oil and Hydrolat are certified Ecocert.  
All cosmetics have the Slow cosmétique certification label.



## LES POTIONS ALZIA®

Découvrez les potions ALZIA® des élixirs précieux mêlant remèdes ancestraux et sciences modernes.  
*Discover ALZIA® potions precious elixirs mixing ancestral remedies and modern sciences.*



On y retrouve des ingrédients naturels emblématiques de l'île, tels que le miel de châtaigneraie, le myrte, ou encore l'immortelle de Corse. Des préparations aux ingrédients sourcés auprès des meilleurs artisans et producteurs qui visent à rééquilibrer certains troubles de l'organisme.

**EUFORIA** : agit sur le bien-être moral et la relaxation (à base de myrte)

**ACQUA D'AMORE** : agit sur le bien-être physique et la force (à base d'immortelle)

*Made with natural ingredients of the island, such as chestnut honey, myrtle, or immortelle.*

*These potions are perfect to restore certain body disorders.*

*EUFORIA : for relaxation and well-being (made with myrtle)*

*ACQUA OF AMORE : for strength and physical well-being (made with immortelle)*

**Retrouver les potions Alzia® dans notre Boutique.**

*Alzia® potions are available in our Boutique.*





# HÔTEL CASTEL BRANDO

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[INFO@CASTELBRANDO.COM](mailto:INFO@CASTELBRANDO.COM)

04 95 30 10 30

COMPOSEZ LE 📞 9 DEPUIS VOTRE TÉLÉPHONE POUR TOUTE RESERVATION  
MARK 📞 9 FROM YOUR ROOM TO BOOK AN APPOINTMENT

LES MASSAGES SONT DES SOINS DE BIEN-ÊTRE ET NON THERAPEUTIQUES.  
MASSAGES ARE TREATMENTS OF WELL-BEING, THEY ARE NOT THERAPEUTICS.