

HÔTEL  
CASTEL BRANDO  
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# LE SPA **intime**

L'ESPRIT MAQUIS, MADE IN CORSICA



CARTE DES SOINS  
SPA MENU

# intímu

## CAP CORSE'S PLANTS RICHNESS

The Intimu<sup>©</sup> cosmetic line is the result of a 100% corsican production made with aromatic plants. Hand picked, distilled, then processed following an ancestral recipe to reveal their deepest nature.



Organic essential oils with a high grade of purity & quality, made with passion and patience, on the height of Erbalunga, just near the Castel Brando.

Our collaboration with Intimu<sup>©</sup> comes from a common philosophy to highlight the local natural richness.



# SPA TREATMENT

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## PERSONALIZED MASSAGE

Our beauty therapist will choose the most suitable combination of essential oils and massage techniques to suit your needs and ensure you get the most out of Corsican plants. You will have the choice between :

The Serena oil (with myrtle and small grains of clementine tree) to release body tensions.

The Colomba oil (arnica, essential oil of *immortelle*, pine larch, and noble bay laurel) to prepare for physical effort or ease the recuperation.

Duration : 30 minutes - 50€   55 minutes - 95€   1h30 - 130€

## AFTER SUN MASSAGE

The oil of *immortelle*, repairing and nourishing, allied to the soothing properties of the aloe vera will sublimate your tan while rehydrating your skin.

Duration : 55 minutes - 95€

## BACK TREATMENT

This targeted care includes an exfoliating scrub, a body wrap and a clay mask which will rehydrate or revitalise your back and release the tensions.

Duration : 55 minutes - 95€

## IN THE MIDST OF MAQUIS

Combine the benefits of an *immortelle* and nut shell scrub with the delicacy of a relaxing body massage.

Duration : 55 minutes - 95€

## BODY SCRUB

Prepare your skin for the sun with an *immortelle* and nut shell exfoliating scrub.

Duration : 30 minutes - 45€

## FOOT REFLEXOLOGY

A real moment of relaxation to stimulate your well-being and vitality

Duration : 30 minutes - 65€

For any 55 minutes care, **book an hour and a half complimentary access** to our relaxation area with : dry waterbed massage Hydrojet, steam-bath, sauna and jacuzzi.

Opening hours : 9:00 a.m - 8:00 p.m. By reservation only.  
Non-exclusive access.

# FACIAL TREATMENTS

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Be seduced by the corsican plants with these personalized facial treatments really adapted to your skin type :

## LE COUP D'ÉCLAT

Exfoliating scrub and mask for a radiant complexion

Duration : 30 minutes - 45€

with myrtle

## L'HYDRATANT

Care with *immortelle*, for a hydrated and revitalised skin

Duration : 55 minutes - 90€

with immortelle

## LE PURIFIANT

Detoxify your skin with the virtues of rosemary

Duration : 55 minutes - 90€

with rosemary

## LA VERSION MASCULINE

This care will erase all signs of fatigue

Duration : 55 minutes - 90€

with aloe vera

## L'ANTI-AGE

A synergy of 3 plants associated with an anti-ageing massage, for a plumped and smoothed skin.

Duration : 1 heure 15 minutes - 110€

synergy of cistus, immortelle and myrtle

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# PACKAGE

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## BREAK IN ERBALUNGA

This treatment consists of a facial skin care followed by a massage, for a sweet moment of relaxation.

Duration : 90 minutes - 140€

## MEDITERRANEAN CARE

This treatment is composed of a body scrub, a body wrap and a massage to completely revitalize your body.

Duration : 90 minutes - 140€

## CAP CORSE RITUAL

This ultra-relaxing treatment combines an *immortelle* and nut shell scrub and a massage with pouches of infused aromatic plant and essential oils from the valley of Brando.

Duration : 90 minutes - 155€

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Non-exclusive access.

# BEAUTY TREATMENT

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## HAND BEAUTY TREATMENT

Manicure with scrub and massage.

Duration : 60mn - 55€

## EXPRESS HAND BEAUTY

Cuticle treatments and nail filing.

Duration : 30mn - 35€

## PEDICURE

Relaxing treatment with exfoliation, peeling mask and massage.

Duration : 60mn - 65€

## EXPRESS PEDICURE

Cuticle treatments and nail filing.

Duration : 30mn - 35€

Supplement Nail Polish : 6€

# WAXING

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Lower leg wax

25€

Arms or Brazilian Bikini

23€

Thigh wax

30€

Full Brazilian

29€

Full leg wax

35€

Lips or Eyebrows

14€

Underarms or Bikini Line

17€

Beauty treatments are available ideally on morning by reservation.



# SPORT & WELLNESS

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## FITNESS ROOM

Located near the pool of our Orangerie villa, our fitness room is equipped with cardio and fitness machines and it is entirely at your disposal.

Opening hours : 8:00 a.m - 9:00 p.m.

## RELAXATION AREA

Enjoy an access of an hour and a half to our relaxation area with :

- a dry waterbed massage Hydrojet,
- a steam-bath,
- a sauna,
- a jacuzzi.

Residential guest : 20€ per person. Non residential guest : 40€ per person.

Robe, slippers and towel supplied.

Extra cost - Black soap with Kessa glove : 5€ per person.

Opening hours : 9:00 a.m - 8:00 p.m. By reservation only.

Non exclusive access.



MASSAGES ARE TREATMENTS INTENDED FOR THE WELL-BEING, THEY ARE NON-THERAPEUTICS;  
PLEASE INFORM OUR MASSAGE THERAPIST OF ANY MEDICAL ISSUE OR PREGNANCY

# PROPERTIES OF PLANTS

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**Immortelle** anti-inflammatory, invigorate, calm and cicatrize

**Myrtle** refine the skin texture, brightness and tonus

**Bay laurel** purifying, fortifying and antioxidant

**Clementine** anti-spasmodic and soothing

**Aloe vera** soothing, moisturizing and healing

**Juniper** anti-inflammatory, astringent, purifying and draining

**Pine larch** stimulating and relieving

**Rosemary** invigorate, regenerate and purify

## THE INTIMU<sup>®</sup> COSMETIC LINE

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Extend the benefit of the care by Intimu with a full range of 100% natural cosmetics including floral water as well as specific serums and cleanser, all made in Corsica.

Order your products online : [www.intimu.fr](http://www.intimu.fr)

Essential Oil and Hydrolat are certified Ecocert.  
All cosmetics have the Slow cosmétique certification label.



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DIAL 9  FROM YOUR ROOM TO BOOK AN APPOINTMENT

MASSAGES ARE TREATMENTS OF WELL-BEING, THEY ARE NOT THERAPEUTICS.