

HÔTEL
CASTEL BRANDO

LE SPA
intimu
L'ÂME DES PLANTES CORSES



CARTE DES SOINS
SPA MENU

intimu

CAP CORSE'S PLANTS RICHNESS

The Intimu[©] cosmetic line is the result of a 100% corsican production made with aromatic plants. Hand picked, distilled, then processed following an ancestral recipe to reveal their deepest nature.



Organic essential oils with a high grade of purity & quality, made with passion and patience, on the height of Erbalunga, just near the Castel Brando.

Our collaboration with Intimu[©] comes from a common philosophy to highlight the local natural richness.



SPA TREATMENT

PERSONALISED MASSAGE

Our beauty therapist will choose the most suitable combination of essential oils and massage techniques to suit your needs and ensure you get the most out of Corsican plants. You will have the choice between :

The **Serena** oil (with myrtle and small grains of clementine tree) to release body tensions.

The **Colomba** oil (arnica, essential oil of *immortelle*, pine larch and noble bay laurel) to prepare for physical effort or ease the recuperation.

Duration : 30 minutes - 55€ 55 minutes - 105€ 1h30 - 140€

AFTER SUN MASSAGE

The oil of *immortelle*, repairing and nourishing, allied to the soothing properties of the aloe vera will sublimate your tan while rehydrating your skin.

Duration : 55 minutes - 105€

BACK TREATMENT

This targeted care includes an exfoliating scrub, a body wrap and a clay mask which will rehydrate or revitalise your back and release the tensions.

Duration : 55 minutes - 105€

IN THE MIDST OF MAQUIS

Combine the benefits of an *immortelle* and nut shell scrub with the delicacy of a relaxing body massage.

Duration : 55 minutes - 105€

BODY SCRUB

Prepare your skin for the sun with an *immortelle* and nut shell exfoliating scrub.

Duration : 30 minutes - 50€

FOOT REFLEXOLOGY

A real moment of relaxation to stimulate your well-being and vitality.

Duration : 30 minutes - 65€

For any 55 minutes care, **book** an hour and a half complimentary access to our **relaxation area : Dry waterbed massage Hydrojet, steam-bath, sauna and jacuzzi.**

Opening hours : 9:00 a.m - 8:00 p.m. By reservation only.
Non-exclusive access.

FACIAL TREATMENTS

Be seduced by the corsican plants with these personalised facial treatments really adapted to your skin type :

THE COUP D'ÉCLAT

Exfoliating scrub and mask for a radiant complexion

Duration : 30 minutes - 50€

with myrtle

THE HYDRATING

Care with *immortelle*, for a hydrated and revitalised skin

Duration : 55 minutes - 100€

with immortelle

THE PURIFYING

Detoxify your skin with the virtues of rosemary

Duration : 55 minutes - 100€

with rosemary

THE MEN'S VERSION

This care for men will erase all signs of fatigue

Duration : 55 minutes - 100€

with aloe vera

THE ANTI-AGEING

A synergy of 3 plants associated with an anti-ageing massage, for a plumped and smoothed skin.

Duration : 1 hour and 15 minutes - 120€

synergy of cistus, immortelle
and myrtle

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PACKAGE

BREAK IN ERBALUNGA

This treatment consists of a facial skin care followed by a massage, for a sweet moment of relaxation.

Duration : 90 minutes - 150€

MEDITERRANEAN CARE

This treatment is composed of a body scrub, a body wrap and a massage to completely revitalise your body.

Duration : 90 minutes - 150€

CAP CORSE RITUAL

This ultra-relaxing treatment combines an *immortelle* and nut shell scrub and a massage with pouches of infused aromatic plants and essential oils from the valley of Brando.

Duration : 90 minutes - 165€

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Non-exclusive access.

BEAUTY TREATMENT

HAND BEAUTY TREATMENT

Manicure with scrub and massage.

Duration : 60mn - 55€

EXPRESS HAND BEAUTY

Cuticule treatments and nail filing.

Duration : 30mn - 35€

PEDICURE

Relaxing treatment with exfoliation, peeling mask and massage.

Duration : 60mn - 65€

EXPRESS PEDICURE

Cuticule treatments and nail filing.

Duration : 30mn - 35€

Supplement Nail Polish : 6€

WAXING

Lower leg wax	25€	Arms or Brazilian Bikini	23€
Thigh wax	30€	Full Brazilian	29€
Full leg wax	35€	Lips or Eyebrows	14€
Underarms or Bikini Line	17€		

Beauty treatments are available ideally on morning by reservation.

SPORT & WELLNESS

FITNESS ROOM

Located near the pool of our Orangerie villa, our fitness room is equipped with cardio and fitness machines.

Opening hours : 8:00 a.m - 9:00 p.m - Free access

RELAXATION AREA

Enjoy an access of an hour and a half to our relaxation area with :

- a **dry water bed massage Hydrojet**,
- a **steam-bath**,
- a **sauna**,
- a **jacuzzi**

Residential guest : 20€ per person. Non residential guest : 40€ per person.

Complimentary for any 55 minutes care.

Extra cost - Black soap with Kessa glove : 5€ per person.

Robes, slippers and towels supplied.

Opening hours : 9:00 a.m - 8:00 p.m.

By reservation only. Non exclusive access.



MASSAGES ARE TREATMENTS INTENDED FOR THE WELL-BEING, THEY ARE NON-THERAPEUTICS
PLEASE INFORM OUR MESSAGE THERAPIST OF ANY MEDICAL CONTRAINDICATION OR PREGNANCY

PROPERTIES OF PLANTS

Immortelle anti-inflammatory, invigorate, calm and cicatrise

Myrtle refine the skin texture, give a glow and tonus

Bay laurel purifying, fortifying and antioxydant

Clementine anti-spasmodic and soothing

Aloe vera soothing, moisturising and healing

Juniper anti-inflammatory, astringent, purifying and draining

Pine larch stimulating and relieving

Rosemary invigorate, regenerate et purify

THE INTIMU[®] COSMETIC LINE



Extend the benefit of the care by Intimu with a full range of 100% natural cosmetics including floral water as well as specific serums and cleanser, all made in Corsica.

Order your products online : www.intimu.fr

Essential Oils and Hydrolats are certified Ecocert.
All cosmetics have the Slow cosmétique certification label.



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DIAL 9  FROM YOUR ROOM TO BOOK AN APPOINTMENT

MASSAGES ARE TREATMENTS OF WELL-BEING, THEY ARE NOT THERAPEUTICS.