

LE SPA intimu

L'âme des plantes corses



CARTE DES SOINS Spa menu



CAP CORSE'S PLANTS RICHNESS

The Intimu[©] cosmetic line is the result of a 100% corsican production from aromatic plants.

Hand picked, distilled, then processed following an ancestral recipe to reveal their purest benefits.





Organic essential oils with a high quality & purity grade, made with passion and patience, in the wild maquis of the Cap Corse.

Our collaboration with Intimu[®] comes from a common philosophy to highlight the local nature's richness.







SPA TREATMENT

PERSONALISED MASSAGE

Our beauty therapist will choose the most suitable combination of essential oils and massage techniques to suit your needs and ensure you get the most out of Corsican plants. You will have the option between:

The Serena oil (with myrtle and small grains of clementine tree) to release body tensions.

The **Colomba** oil (arnica, essential oil of *immortelle*, pine larch and noble bay laurel) to prepare physical effort or ease the recovery.

Duration: 30 minutes - 55€ 55 minutes - 105€ 1h30 - 140€

AFTER SUN MASSAGE

A gentle, repairing and nourishing massage with *immortelle* oil, that will sublimate your tan while rehydrating your skin.

Duration: 55 minutes - 105€

BACK TREATMENT

This targeted care includes an exfoliating scrub, a massage and a juniper oil body wrap which will rehydrate and revitalise your back and releasing tensions.

Duration: 55 minutes - 105€

IN THE MIDST OF MAQUIS

Combine the benefits of an *immortelle* and nut shell scrub with the delicacy of a relaxing body massage.

Duration: 55 minutes - 105€

BODY SCRUB

Prepare your skin for the sun with an immortelle and walnut shell exfoliating scrub.

Duration: 30 minutes - 50€

FOOT REFLEXOLOGY

A real moment of relaxation to stimulate your well-being and vitality.

Duration: 30 minutes - 65€

For any 55 minutes care, book an hour and a half complimentary access to our relaxation area: Dry waterbed massage Hydrojet, steam-bath, sauna and jacuzzi.

Opening hours: 9:00 a.m - 8:00 p.m. By reservation only. Non-exclusive access.

FACIAL TREATMENTS

Let yourself be seduced by the corsican plants with these personalised facial treatments trully adapted to your skin type :

THE COUP D'ÉCLAT

with myrtle

Exfoliating scrub and mask for a radiant complexion

Duration: 30 minutes - 55€

THE HYDRATING

with immortelle

Care with immortelle, for a hydrated and revitalised skin

Duration: 55 minutes - 105€

THE PURIFYING

with rosemary

Detoxify your skin with the benefits of rosemary

Duration: 55 minutes - 105€

THE MEN'S VERSION

with aloe vera

This care for men will erase all signs of fatigue

Duration: 55 minutes - 105€

THE ANTI-AGEING

A synergy of 3 plants associated with an anti-ageing massage, for a plumped and smoothed skin.

Duration: I hour and 15 minutes - 120€

synergy of cistus, immortelle and myrtle

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PACKAGE

BREAK IN ERBALUNGA

This treatment consists of a facial skin care followed by a massage, for a sweet moment of relaxation.

Duration: 90 minutes - 150€

MEDITERRANEAN CARE

This treatment is composed of a body scrub, a body wrap and a massage to completely revitalise your body.

Duration: 90 minutes - 150€

CAP CORSE RITUAL

An invitation to unwind and let go.

This ritual combines an immortelle scrub and a gentle, comforting massage with essential oils from the Cap Corse. This treatment will restore your energy and vitality.

Duration: 90 minutes - 165€

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Opening hours: 9:00 a.m - 8:00 p.m. By reservation only.
Non-exclusive access.

BEAUTY TREATMENT

HAND BEAUTY TREATMENT

Manicure with scrub and massage.

Duration: 60mn - 55€

EXPRESS HAND BEAUTY

Cuticule treatments and nail shaping.

Duration: 30mn - 35€

PEDICURE

Pedicure with scrub and massage.

Duration: 60mn - 65€

EXPRESS PEDICURE

Cuticule treatments and nail shaping.

Duration: 30mn - 35€

Supplement Nail Polish: 6€

WAXING

Lower leg wax	25€	Arms or Brazilian Bikini	23€
Thigh wax	30€	Full Brazilian	29€
Full leg wax	35€	Lips or Eyebrows	14€

Underarms or Bikini Line 17€

Beauty treatments are available ideally on morning by reservation.

SPORT & WELLNESS

FITNESS ROOM

Located near the pool of our Orangeraie villa, our fitness room is equipped with cardio and fitness machines.

Opening hours: 8:00 a.m - 9:00 p.m - Free access

RELAXATION AREA

Enjoy an access of an hour and a half to our relaxation area with:

- a dry water bed massage Hydrojet,
- a steam-bath,
- a sauna.
- a jacuzzi

Residential guest : 20€ per person. Non residential guest : 40€ per person.

Complimentary for any 55 minutes care.

Extra cost - Black soap with Kessa glove : 5€ per person.

Robes, flip-flops and towels supplied.

Opening hours: 9:00 a.m - 8:00 p.m.

By reservation only. Non exclusive access.



PROPERTIES OF PLANTS

Immortelle anti-inflammatory, invigorate, calming and healing
Myrtle refine the skin texture, for brightness and tonus
Bay laurel purifying, fortifying and antioxydant
Clementine anti-spasmodic and soothing
Aloe vera soothing, moisturising and healing
Juniper anti-inflammatory, astringent, purifying and draining
Pine larch stimulating and relieving
Rosemary invigorate, regenerate and purify

THE INTIMU[®]COSMETIC LINE



Extend the benefit of the care by Intimu with a full range of 100% natural cosmetics including floral water as well as specific serums and cleanser, all made in Corsica.

Order your products online: www.intimu.fr

Essential Oils and Hydrolats are certified Ecocert.
All cosmetics have the Slow cosmétique certification label.







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