

HÔTEL  
CASTEL BRANDO  
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# LE SPA intimu

L'ÂME DES PLANTES CORSES



CARTE DES SOINS  
SPA MENU

# intimu

## THE RICHNESS OF CAP CORSE'S PLANTS

The Intimu® cosmetic line is the result of a 100% Corsican production from aromatic plants. Hand picked, distilled, then processed following an ancestral recipe to reveal their purest benefits.



Organic essential oils with a high quality & purity grade, made with passion and patience, in the wild maquis of Cap Corse.

Our collaboration with Intimu® comes from a common philosophy to highlight the local nature's richness.



# BODY TREATMENTS

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## PERSONALISED MASSAGE

Our beauty therapist will choose the most suitable combination of essential oils and massage techniques to suit your needs and ensure you get the most out of Corsican plants. You will have the option between :

The **Serena** oil (with myrtle and small grains of clementine tree) to release body tensions.

The **Colomba** oil (arnica, essential oil of *immortelle*, pine larch and noble bay laurel) to prepare physical effort or ease the recovery.

**Duration : 30 minutes - 55€   55 minutes - 105€   1h30 - 140€**

## AFTER SUN MASSAGE

A gentle, repairing and nourishing massage with *immortelle* oil, that will sublimate your tan while rehydrating your skin.

**Duration : 55 minutes - 105€**

## BACK TREATMENT

This targeted care includes an exfoliating scrub, a massage and a juniper oil body wrap which will rehydrate and revitalise your back and releasing tensions.

**Duration : 55 minutes - 105€**

## AU COEUR DU MAQUIS

Combine the benefits of an *immortelle* and nut shell scrub with the delicacy of a relaxing body massage.

**Duration : 55 minutes - 105€**

## BODY SCRUB

Prepare your skin for the sun with an *immortelle* and walnut shell exfoliating scrub.

**Duration : 30 minutes - 50€**

## FOOT REFLEXOLOGY

A real moment of relaxation to stimulate your well-being and vitality.

**Duration : 30 minutes - 65€**

With any 55-minute treatment, enjoy an hour and a half of complimentary access to our **relaxation area: Hydrojet® Massage Bed, Hammam, Sauna and Jacuzzi.**

Opening hours : 9:00 a.m - 8:00 p.m. **By reservation only.**  
Shared access.

OUR MASSAGES ARE WELLNESS TREATMENTS AND ARE NOT INTENDED FOR THERAPEUTIC PURPOSES.  
PREGNANT WOMEN: TREATMENTS ARE PROVIDED BY OUR THERAPISTS  
ONLY DURING THE 2ND TRIMESTER OF PREGNANCY.  
PLEASE INFORM US OF ANY MEDICAL CONTRADICTIONS.



# FACIAL TREATMENTS

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Let yourself be seduced by the Corsican plants with these personalised facial treatments trully adapted to your skin type.

## THE COUP D'ÉCLAT

with myrtle

Exfoliating scrub and mask for a radiant complexion

Duration : 30 minutes - 55€

## L'HYDRATANT

with immortelle

Moisturising care with *immortelle*, for hydrated and revitalised skin

Duration : 55 minutes - 105€

## LE PURIFIANT

with rosemary

Detoxify your skin with the benefits of rosemary

Duration : 55 minutes - 105€

## LA VERSION MASCULINE

with aloe vera

This facial treatment for men will erase all signs of fatigue

Duration : 55 minutes - 105€

## L'ANTI-ÂGE

synergy of cistus, immortelle  
and myrtle

A synergy of 3 plants associated with an anti-ageing  
massage, for a plumped and smoothed skin.

Duration : 1h15 - 120€

With any 55-minute treatment, enjoy an hour and a half of complimentary access to our **relaxation area: Hydrojet® Massage Bed, Hammam, Sauna and Jacuzzi.**

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# PACKAGES

## ESCALE À ERBALUNGA

This treatment includes a facial followed by a massage, for a moment of pure relaxation.

Duration : 1h30 - 150€

## SOIN MÉDITERRANÉEN

This treatment is composed of a body scrub, a body wrap and a massage to completely revitalise your body.

Duration : 1h30 - 150€

## RITUEL DU CAP CORSE

An invitation to unwind and let go.

This ritual combines an *immortelle* body scrub with a gentle, comforting massage using essential oils from Cap Corse, restoring energy and vitality.

Duration : 1h30 - 165€

With any 55-minute treatment, enjoy an hour and a half of complimentary access to our **relaxation area: Hydrojet® Massage Bed, Hammam, Sauna and Jacuzzi.**

Opening hours : 9:00 a.m - 8:00 p.m. *By reservation only.*  
Shared access.

# BEAUTY TREATMENTS

## MANICURE

Manicure with scrub and massage.

Duration : 60mn - 55€

## PEDICURE

Pedicure with scrub and massage.

Duration : 60mn - 65€

## EXPRESS MANICURE

Cuticle care and nail shaping.

Duration : 30mn - 35€

## EXPRESS PEDICURE

Cuticle care and nail shaping.

Duration : 30mn - 35€

*Supplement Nail Polish : 6€*

## WAXING

Half leg

25€

Arms or French Bikini

23€

Thighs

30€

Brazilian Bikini

29€

Full leg

35€

Lips or Eyebrows

14€

Underarms or Basic Bikini

17€

Beauty and waxing treatments are preferably scheduled in the morning, by appointment.



# SPORT & WELLNESS

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## FITNESS ROOM

Located near the Orangerie pool, our gym is equipped with cardio and fitness machines.

Opening hours : 8:00 a.m. - 9:00 p.m - Free access

## RELAXATION AREA

Enjoy an hour and a half of access to our relaxation area including:

- a Hydrojet® Massage Bed,
- a Hammam,
- a Sauna,
- a Jacuzzi.

Hotel guest: 20€ per person. Non-resident: 40€ per person.

*Complimentary for any 55 minutes care.*

Supplement: Black Soap with Kessa Glove - 5€ per person.

Robes, flip-flops and towels provided.

Opening hours : 9:00 a.m - 8:00 p.m.

By reservation only. Shared access.



OUR MESSAGES ARE WELLNESS TREATMENTS AND ARE NOT INTENDED FOR THERAPEUTIC PURPOSES.  
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# PROPERTIES OF PLANTS

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**Immortelle** anti-inflammatory, invigorating, calming and healing

**Myrtle** refine the skin texture, for brightness and tonus

**Bay laurel** purifying, fortifying and antioxydant

**Clementine** anti-spasmodic and soothing

**Aloe vera** soothing, moisturising and healing

**Juniper** anti-inflammatory, astringent, purifying and draining

**Pine larch** stimulating and relieving

**Rosemary** invigorating, regenerating and purifying

## THE INTIMU<sup>®</sup> COSMETIC LINE

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Extend the benefit of the care by Intimu<sup>®</sup> with a full range of 100% natural cosmetics including floral waters as well as specific serums and cleansers, all made in Corsica.

Order your Intimu<sup>®</sup> products online : [www.intimu.fr](http://www.intimu.fr)

Essential Oils and Hydrolats are certified Ecocert.  
All cosmetics have the Slow cosmétique certification label.



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DIAL 9 📞 FROM YOUR ROOM TO BOOK AN APPOINTMENT

MASSAGES ARE TREATMENTS OF WELL-BEING, THEY ARE NOT THERAPEUTICS.